



# APRIL 2-MAY 21

## FAMILIES IN RECOVERY

**Wednesday Evenings 6:00-7:30 PM**

Join us for an 8-week skills-based therapeutic support group for families and loved ones of individuals struggling with substance abuse. This group will provide skills-based education and an opportunity to express thoughts and feelings about the impact of addiction on yourself and your family. Facilitated by Chris Adams Hill, LCSW & Misty McIntyre Goodsell, LCSW at South Valley Therapy. To reserve your space call Chris at **385-204-6709** or email us at [southvalleytherapy@gmail.com](mailto:southvalleytherapy@gmail.com)

Engage with other families with similar experiences

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Understand Co-Dependency and Enabling

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Learn Fundamentals of Addiction and Recovery

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Learn to Set Healthy Boundaries

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Address Fear and Anxiety

### **SOUTH VALLEY THERAPY**

Jordan Winds Business Park  
8537 S. Redwood Road  
West Jordan, UT  
[southvalleytherapy.com](http://southvalleytherapy.com)

\$30 per session OR  
Save \$30! Pay for full workshop  
in advance: \$210

Call: 385-204-6709