



Women's Group

Starting December 2nd

A Weekly Support Group For Women

Join us while we support and empower each other through our weekly group discussions. Experience the power that can come from sharing your struggles and victories with like-minded women.

This is an on-going support group that cycles every 9 weeks. An 9 week commitment is requested. There will be a 2 week break between cycles for those wishing to continue.

- **Ages 18 and Older**
- **We will do a brief intake assessment to better understand your needs and goals for group**

When: Tuesday December 2nd - February 10th
(12/23 and 12/30 off for the holidays)

Where: South Valley Therapy
8537 S. Redwood Road, Ste. A, West Jordan

Time: Tuesdays 6:30pm-8:00pm

Cost: \$270 for 9 weeks.
Payable in advance or two installments of \$135

To inquire or register call or email Chris

385-204-6709

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